

# Visual Anchors: Clearing the Path for Learning

Functional tools to reduce cognitive load, improve behavior, and streamline classroom management.



## The "What Are We Doing?" Board

Post the learning goal, current task, and what to do when finished.



## Transition & Regulation Tools

Use visual timers and reset icons to guide behavior during shifts.



## Visual Step-by-Step Task Guides

Post the specific process steps to reduce task avoidance and teacher check-ins.

Section:  
The Science of  
Visual Support

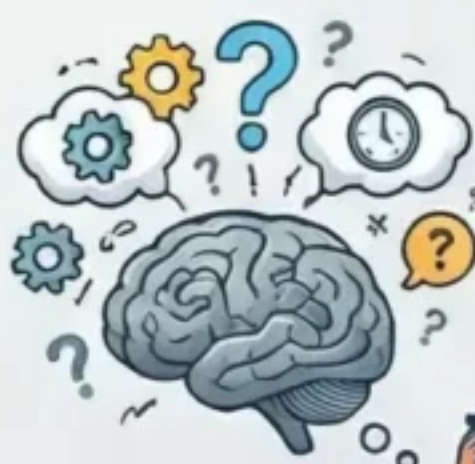
## Strengthen Executive Function

Break tasks into visible steps to help students plan and initiate work.



## Lighten the Mental Load

Offload routine routine thinking so students can focus entirely on the learning task.



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## Build Psychological Safety

Predictable visuals reduce uncertainty, lowering the stress that leads to classroom disruptions.



## EVOLVING VISUAL SUPPORTS ACROSS GRADES



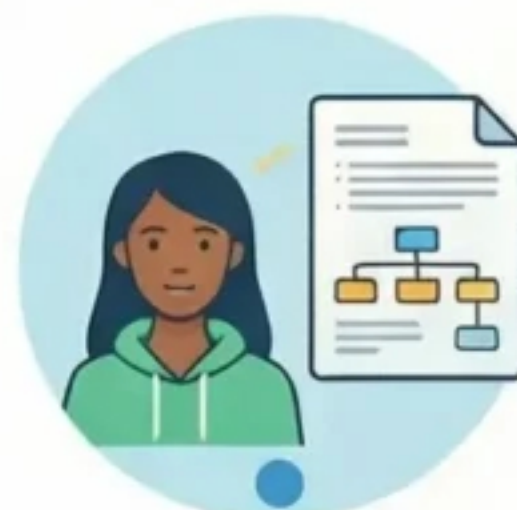
### Elementary

Picture-based routines and visual schedules



### Middle School

Skill-based anchor charts and task checklists



### High School

Annotated exemplars and minimalist process guides