

Teacher Language Builder 1: Noticing the Language We Use

Use this worksheet to reflect on how everyday classroom language influences student behavior, regulation, and participation. Notice which phrases escalate situations and rewrite them into supportive alternatives.

Instead of saying: Why are you talking? Try saying: Let's refocus together. Reflection:

Instead of saying: Stop that. Try saying: Show me what ready looks like. Reflection:

Instead of saying: You're not listening. Try saying: I need your attention here. Reflection:

Which phrases do I hear myself using most often?

Which phrases sometimes escalate situations unintentionally?

Rewrite three reactive phrases you commonly use into supportive alternatives:

Reactive phrase: _____ Supportive version: _____

Reactive phrase: _____ Supportive version: _____

Reactive phrase: _____ Supportive version: _____