

Developing Yet Statements for a Growth Mindset

Instructions: Read each case study below. Each one describes a student facing a struggle in a more detailed scenario. Your task is to provide a *Yet* statement that helps reshape the difficulty faced in the case study. A *Yet* statement is a way to express that you haven't mastered something *yet*, but you are open to learning and growing.

Tips for Creating Yet Statements:

- Start with acknowledging the current struggle.
- Use the word *yet* to show that the struggle is temporary.
- End with a positive statement that implies growth and potential for improvement. Be as specific as possible.

Example:

Struggle: I can't solve this math problem.

Yet Statement: I can't solve this math problem *yet*, but I will keep practicing and asking for help until I get it.

Case Study 1: Alex has always been interested in math, but lately, he's been feeling frustrated. He tried to solve a complex algebra problem several times, but he couldn't find the correct solution. He's starting to doubt his abilities and is considering giving up on math altogether.

Your Yet Statement:

Case Study 2: Maria has been playing the piano for a few years and loves the instrument. However, she struggles with reading music notes quickly, which makes it hard for her to play more advanced pieces. She's worried that she'll never be able to play her favorite songs.

Your Yet Statement:

Case Study 3: Jamal is passionate about science and dreams of becoming a scientist. However, he feels discouraged because his experiments in the school lab don't always work out as he planned. He's starting to wonder if he's really cut out for a career in science.

Your Yet Statement:

Case Study 4: Sara loves writing stories and has a vivid imagination. But when it comes to sharing her stories with her classmates, she feels anxious and fears that they won't like her work. This fear is holding her back from participating in the school's writing contest.

Your Yet Statement:

Case Study 5: Kevin has always admired the school basketball team and wants to be part of it. However, he feels that his height is a disadvantage, as most of the team members are taller than him. He's starting to think that he might not be cut out for basketball.

Your Yet Statement:

Case Study 6: Emily has always been fascinated by other cultures and is currently learning a new language. Despite her interest, she finds it challenging to remember new vocabulary words and feels overwhelmed by the grammar rules. She's worried that she might not be able to become fluent.

Your Yet Statement:
